

# DENVER POLICE ACTIVITIES LEAGUE



## FOOTBALL 2009 WEEKLY NEWSLETTER

Volume 4

Issue 8

October 26, 2009

---

### WEATHER:

The weather was great on Saturday and all games were played as scheduled. The early forecast for this coming Saturday calls for temperatures in the mid 50's.

### PARKING:

We would like to remind all coaches and parents, to **be considerate** of the people who live in the neighborhoods of the park. Don't **block their driveways** and **obey all parking restrictions**. **Tickets will be issued for parking violations at all fields. Vehicles blocking driveways will be ticketed and towed. Any spectator who has a confrontation with a neighbor over blocking a driveway will be banished from the league. Don't block business driveways or field access driveways at Valverde Park.**

### SPECTATORS:

Overall the fans were very well behaved. The **Redskins Gold fans** at Garland Park had to be warned several times about their behavior and coaches had to keep going over to the fan sideline to tell them to stop getting on the referees. Stop worrying about the calls the referees make and cheer positive things to the players. After awhile they start to feed off the parent's behavior and lose focus on playing football. There were several other big games at Garland and the fans were very well behaved and we thank them for making it a positive experience for the kids.

### TRASH:

The trash at Valverde Park was overwhelming. There are several trashcans around the fan area so there should be no excuse for that much trash on the ground. A lot of money was put into that facility for the kids and we want to keep it nice. Please take some pride in the field and pick up your own trash and have your kids pick up their trash and throw it away.

### VENDING:

Vending is not permitted at any of the parks. This also includes giving items away and asking for donations. The only time vending is permitted is when a one day permit has been secured from the Parks and Recreation Permitting Office. The procedure for securing a permit is on the web site under **Forms and Handouts**. We appreciate the fact that teams are trying to raise money for the players but in the big picture PAL could loose our permits if we were to allow it to happen. We can't put the whole league in jeopardy for a team to do some fundraising. Remember that the program is for the kids and if we don't have fields we won't have a program.

### **NEW FACILITY – VALVERDE PARK:**

Coaches please make sure your players are aware that sunflower seeds and gum are not allowed on the FieldTurf fields at Valverde. Of course this also includes coaches, chain crew and cheerleaders. We would appreciate your help with this.

Also in cold weather conditions heaters will not be allowed on the FieldTurf. Heaters may be set up in the dugouts on the cement and there are outlets in each dugout. Please keep this in mind as the playoffs approach we may get more inclement weather so start planning ahead.

### **RULEBOOK:**

The 2009 Football Rulebook is updated and is online. The **Overtime Procedure Rule 21.00** has a misprint on the procedure in playoff games. The Rulebook will be updated this week with the correct procedure. The correct procedure for playoff games is addressed in the next section.

### **OVERTIME PROCEDURE RULE 21.00:**

- 21.01** Each team will receive the ball on the 10-yard line and will have four plays to score. If neither team scores, the winner will then be determined by the amount of yardage obtained during that four down series.
- 21.01.a** The PAL staff has the option of placing the ball at midfield instead of the 10-yard line. In this instance the goal line would be 10 yards from midfield.
- 21.02** The coin toss will be conducted at the center of the field where the visiting-teams captain shall be given the privilege of calling the coin. The winner of the toss shall be given his choice of defense or offense. Each team will receive an additional time out during the overtime period.
- 21.03** If the defensive team gains possession, the ball becomes dead immediately and the offensive team's series of downs is ended.
- 21.04** The same end of the field will be used for possessions by both teams during the two sets of downs to ensure equal game conditions and conserve time. This applies if the ball is placed on the 10-yard line.
- 21.05** The team that gets the second possession must run at least one play and gain enough yardage to clearly be the winner by deepest penetration. Once that has occurred they may declare to the referee that they will be taking a knee for the remainder of their downs. The game will be over at that point.
- 21.05.a** The team taking a knee must clearly gain enough yardage that by taking a knee they will have enough yardage to win.
- 21.06** Playoff games – Each team will get 2 possessions and if there is no clear winner by score after each possession then each team will get a 3<sup>rd</sup> possession and if there is no clear winner by score then the winner will be determined by deepest penetration (yardage gained on that possession)  
Super Bowl – Play will continue until there is a clear winner by score. Yardage will not be used to determine the winner
- 21.07** Each team will get an equal amount of possessions before the game is considered over.
- 21.08** The PAL staff does have the authority to alter the procedures in Rule 21.00 if they deem it necessary.

### **T-SHIRTS:**

The PAL football t-shirts are now for sale if any teams are interested. The shirts will be for sale at the Super Bowl for \$5 each. If you buy them at the PAL office prior to that you can purchase them for \$4 each. If you buy more than 30 shirts then they are \$3 each. All the shirts are adult sizes and run from small to 3xl. Quantities are limited in some sizes so first come first serve. You can contact Kenny at the PAL office by e-mail or phone to place an order.

### **PEE WEE DIVISION:**

The final round of playoffs is Saturday and the winners will go to the Super Bowl. Good luck to all the teams.

### **BANTAM DIVISION:**

The final round of playoffs is Saturday and the winners will go to the Super Bowl. Good luck to all the teams.

### **INTERMEDIATE DIVISION:**

The final round of playoffs is Saturday and the winners will go to the Super Bowl. The losing teams will play for 3<sup>rd</sup> place at our new facility, Valverde Park, on Saturday November 7<sup>th</sup>. Good luck to all the teams.

### **SENIOR DIVISION:**

The Seniors start playoffs this Saturday and the winners will advance to the Super Bowl. The losing teams will play for 3<sup>rd</sup> place at the new facility, Valverde Park, on Saturday November 7<sup>th</sup>. Good luck to all the teams.

### **CHEERLEADERS:**

The cheerleaders did a great job on Saturday and added to the excitement and atmosphere of the playoffs, way to go.

### **SIDELINE PASSES:**

All coaches must have a sideline pass to be on the team sideline. If a coach is on the sideline and has not met all requirements (background and certification) to be issued a pass he will be suspended for 2 games and the suspension will continue until he has met all requirements and issued a sideline pass. If the coach gets ejected from the game he will be suspended for one year and then can reapply at that time for a coaching position.

### **PAL SUPER BOWL:**

- ❑ The Super Bowl will be played at **All City Sports Complex** (1450 S. Franklin St.) on Sunday November 8, 2009
- ❑ Admission to the game will be **\$5 for adults, \$2 for students** and children under 7 will be admitted for free. **Re-entry will be \$1**
- ❑ **Home and Visitor** sidelines will be determined by the PAL staff and will be posted at the admission gate. We will keep organizations that have more than one team in the Super Bowl on the same sideline regardless of the Conference they played in. This will cut down on confusion and unnecessary moving of fans back and forth
- ❑ **All spectators will enter at the west gate and will be directed to the appropriate side of the field. No spectators are allowed on the track or field area except to walk to their appropriate sideline**
- ❑ Coaches, players and cheerleaders of teams participating in the Super Bowl will be admitted free but must be on the roster and coaches information sheet that has been submitted to the PAL office
- ❑ Teams need to show up **at least 45 minutes prior** to your scheduled game time
- ❑ The team locker rooms will be available in case of inclement weather
- ❑ A trophy presentation will follow at the conclusion of each game for the champion and runner-up
- ❑ **Only 6 coaches** will be allowed on the sideline and must be listed on the Coaches Information Sheet. Play counters are not considered coaches unless they are on the Coaches Information Sheet. Managers who are not coaches will be allowed on the sideline and will not be counted as one of the 6 coaches
- ❑ Only cheerleaders that have registered and submitted a roster to the PAL office will be allowed on the field
- ❑ Outside food and beverages **are prohibited** inside the stadium
- ❑ The stadium will provide concessions throughout the day
- ❑ **No coolers will be allowed** in the stadium **except** the team cooler which will be checked prior to entry into the stadium and must remain by the team bench

- ❑ **No alcoholic beverages will be allowed in the Stadium or in the parking lot**
- ❑ **Smoking is prohibited inside the stadium, designated smoking is allowed outside the stadium by the parking lot**
- ❑ **Profanity and unruly behavior will not be tolerated**
- ❑ Food, beverages and other items **can not be sold** in the stadium or in the parking lot
- ❑ Please tell your fans to form their tunnels outside the gates. **We will not allow fans on the field or inside the gates to form a tunnel**
- ❑ Finally, the PAL staff asks that all coaches and managers remind their parents and spectators to be positive and display proper sportsmanship in the stands. The **PAL Board of Directors** have been invited along with **potential supporters** and we want to show them that PAL is a professional organization that provides wholesome activities for the Denver area youth and is an alternative to gangs and drugs
- ❑ Game times will be as follows:
  - Pee Wee division 9:00 AM
  - Bantam division 11:00 AM
  - Intermediate division 1:00 PM
  - Senior division 3:00 PM
 The gate will be unlocked at 8:00 AM for the Pee Wee teams playing the first game. Fans will be admitted starting at 8:30 AM.

**PLAYER HEALTH & SAFETY:**

Coaches make sure that your players get plenty of fluids before, during and after the games. This can be very dangerous for the players. We need to put their safety first and make sure they are hydrated with water not pop. This applies to practice also. Also make sure they are dressed appropriately for the weather conditions.

**FUNDRAISING:**

The Director of PAL (Russ Parisi) or the Office Manager (Anna Corbett) must approve all fundraising when using Denver PAL's name. The money must be put into a restricted account at the PAL office. Questions contact Anna at the PAL office.

**FOOD FOR THOUGHT:**

*Solution* - Pinpointing the cause of a conflict is less important than finding a solution. Have the strength to let go of your anger; rein in your pride and let the other person be right.

DENVER PAL STAFF:

Director: Sgt. Russ Parisi (retired) – [rparisi@denverpal.com](mailto:rparisi@denverpal.com)  
 Deputy Director: Jake Schroeder – [jschroeder@denverpal.com](mailto:jschroeder@denverpal.com)  
 Program Director: Technician Kenny Galasso – [kgalasso@denverpal.com](mailto:kgalasso@denverpal.com)  
 Program Director: Technician Jeff McDonald – [jmcdonald@denverpal.com](mailto:jmcdonald@denverpal.com)  
 Office Manager: Anna Corbett – [acorbett@denverpal.com](mailto:acorbett@denverpal.com)

27 Federal Blvd. Denver, Co. 80219 – 303-937-1223-office 303-937-1476-fax